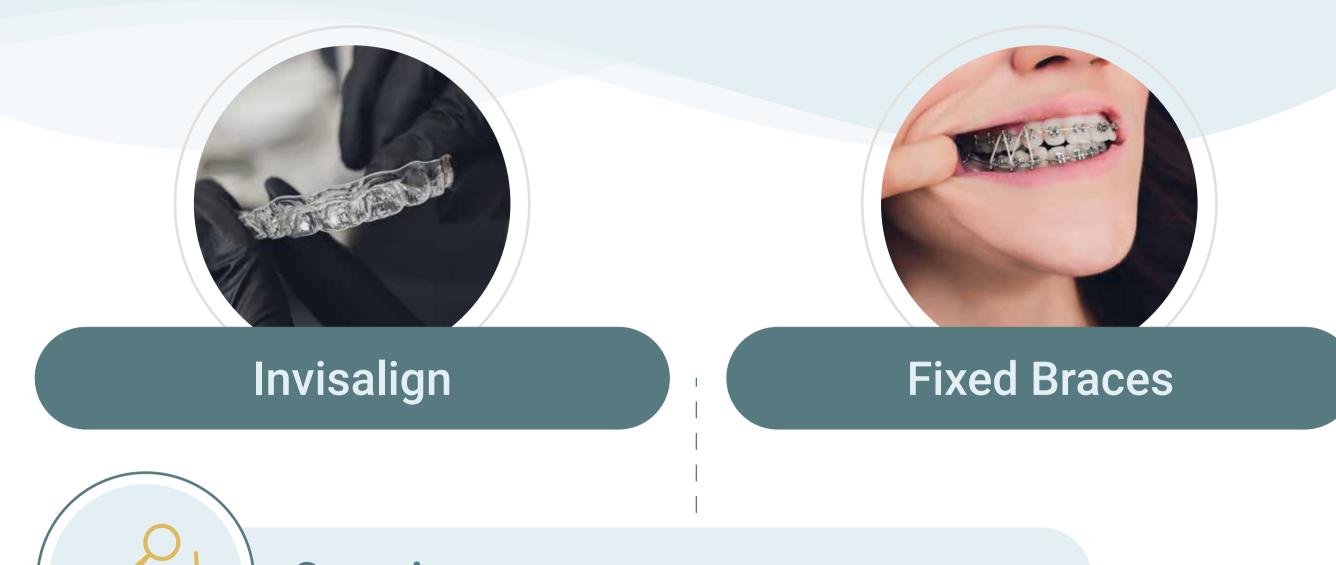
THE MEWS PRACTICE

Invisalign Vs Fixed Braces

Which dental treatment is best suited to you?

With constant innovations being made within the dental industry, there is a such wide choice of treatment options that sometimes we can be left feeling slightly unsure as to what the next step should be.



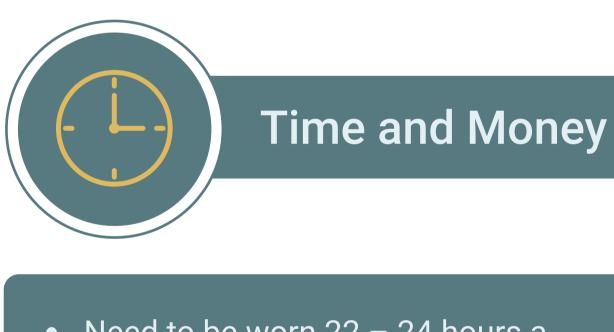
Overview

- Clear aligners that can be taken in and out
- Must be removed whilst eating
- Made from a flexible plastic
- Visibly glued to your teeth
- Cannot be removed
- Made from translucent materials to help make them more discreet

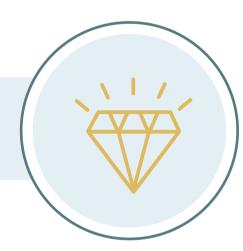
Suitability

Less pain and discomfort

- Straightens your teeth
- Successfully treats overcrowding, irregular or wide-spaced teeth, crossbite, underbite and overbite and a range of other dental issues
- Can cause discomfort to your gums, cheeks, and lips
- Straightens your teeth
- More effective in treating complex orthodontic issues such as, significant overcrowding, underbites or overbites, and misaligned jaws along with a range of other dental issues



- Need to be worn 22 24 hours a day
- Treatment time is shorter can be as quick as 3 months
- Treatment cost starts at £3,500
- Attached to your teeth permanently until your treatment is over
- On average treatment time is 16 18 months
- Costs start at £2,000
 - Maintenance



- Less appointments
- You can still brush and floss your teeth as normal
- Your aligners need to be brushed gently with a soft bristle toothbrush under cold water
- More difficult to keep clean, therefore requiring frequent hygienist and dental appointments
- Small brushes can be given to help you get in-between your teeth
- You may need to use small pieces of dental wax to stop your braces
- To track your progress, you will need to visit your dentist at least once every 6 weeks

from irritating your mouth

Both Invisalign and fixed braces clearly have benefits, so it's important to choose what works best for you.



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To book a consultation, please email us at:

reception@themewspractice.com

Or telephone us on:

01483 452555.